

Crisis

- [Looking Glass Youth & Family Crisis Lifeline](#): (541) 689-3111
- [CAHOOTS](#): 24/7 crisis hotline, call 541-687-4000 or toll free at 1-800-422-7558.
- Eugene: (541) 682-5111 Springfield: (541) 726-3714 (Difference between this and 24/7 #?)
{Crisis Assistance Helping Out On The Streets}
 - Non-emergency mobile crisis intervention
 - Free and Confidential
 - {CAHOOTS provides immediate stabilization in case of urgent medical need or psychological crisis, assessment, information, referral, advocacy & (in some cases) transportation to the next step in treatment.}
 - Fees: None
 - ADA Accessible: We come to where you are.
 - Appointment: None needed.
 - Childcare: No
 - Eligibility: Within Eugene and the Springfield urban growth boundary.
- [Hourglass Community Crisis Center](#): (541) 505-8426
- **Location**: 71 Centennial Loop, Suite A, Eugene, OR 97401
 - Short term mental health crisis assessment & stabilization for adults, 24hrs/day
 - do not require the medical capabilities of an acute care hospital or longer-term residential care.
 - Hourglass Community Crisis Center welcomes Lane County residents to walk in when they need it
- [The Child Center: Mental Health Crisis Response Program](#): 1-888-989-9990
 - For parents of children through age 17
- [National Suicide Prevention Lifeline](#): 1-800-273-8255 (press 1 for Veterans Crisis Line)
- [Trevor Lifeline](#): 1-866-488-7386 (for LGBTQ youth)
- [Well Mama Crisis Line](#): 1-800-896-0410 (for Mom's)
- [Parenting Now!](#) (541) 485-5211
 - Monday-Thursday 9:00am-4:00pm
- [SASS {Sexual Assault Support Services}](#): (541) 343-7277
- [Crime Victim Services](#): (541) 682-4523 ???????
- [Woman's Space Crisis Line](#): (541) 485-6513

Sober Living:

- [Buckley House](#): (541) 762-4575
 - 605 W 4th Ave, Eugene, OR, 97402
 - 24/7 medical detoxification/sobering services for alcohol & drug users.

Counseling

- [Looking Glass Counseling Program](#): (541) 484-4428
 - Monday-Thursday 8:00am-6:00pm or Fridays 8:00am-5:00pm
 - 260 East 11th Avenue, Eugene, OR 97401
- [Center for Family Development](#): (541) 342-8437
 - Only takes OHP
 - Monday-Friday 8:00am-5:30pm
 - 261 E. 12th Avenue, Eugene, OR 97401
 - Walk-in intakes; assessments; Mental Health and Recovery services
- [Center for Latino Americano](#): (541) 687-2667
 - Monday-Thursday 8:30am-12:00pm; 1:00pm-5:00pm Friday: 8:30am-12:00pm
 - Saturday & Sunday: Closed
 - (spanish speaking staff available)
- [The Child Center](#): (541) 726-1465
 - Ages 17 and under
 - 3995 Marcola Rd, Springfield, OR 97477
- [Direction Service Counseling](#): (541) 344-7303
 - 8:00am-5:00pm
 - 576 Olive Street, Suite 307, Eugene, Oregon 97401
- [Lane County Behavioral Health](#): (541) 682-3608
 - Child & Adolescent Program: (541) 682-1915
 - (Spanish Speaking Staff)
- [Odyssey Community Counseling](#): (541) 741-7107
 - 2149 Centennial Plaza, Suite 4, Eugene, OR 97401
- [Options Counseling](#): (541) 687-6983
 - (spanish speaking staff available)
- [Oregon Community Programs](#): (541) 743-4340
- [PeaceHealth Counseling Services](#): (541) 685-1794
 - 1255 Hilyard St, Eugene, OR 97401
- [4J School-Based Health Centers](#):
 - (residents of 4J area, including siblings under 19)
 - Churchill: (541) 790-5227
 - N. Eugene: (541) 790-4445
- [Bethel School District Mental Health Services](#): (541) 607-1430
 - ****Bethel district students only****
- [South Lane Mental Health](#): (541) 942-3939
 - ****counseling & crisis services for South Lane County****
- [White Bird Clinic](#): (541) 342-8255
 - 341 E 12th Ave, Eugene, OR, 97401
- [Willamette Family](#): (541) 343-2993
 - 195 W. 12th Ave, Eugene, OR, 97401

